



Forever CardioHealth® with CoQ10

Forever CardioHealth® with CoQ10 is a special formula designed to mix with our Forever Aloe Vera Gel™ to provide three important nutritional supports for cardiovascular health. It supports healthy homocysteine levels, supplies co-enzyme Q10 to promote efficient metabolism, and provides heart-healthy antioxidants. Simply pour, stir and drink – it’s that easy – and your heart will thank you!

CoQ10 is an enzyme that is produced by the human body and is necessary for the basic functioning of cells, including those of the heart and blood vessels. CoQ10 levels are reported to decrease with age, which is just when we need them most. Forever CardioHealth® with CoQ10 provides the extra supply of CoQ10 your body needs.

Another way Forever CardioHealth® supports good cardiovascular function is by helping to maintain healthy homocysteine levels in the blood. The B vitamins in Forever CardioHealth® (Vitamin B6, B12, and Folic Acid) have been shown to help keep homocysteine levels in the healthy lower range. This in turn helps support healthy heart and blood vessel function. Forever CardioHealth® also contains a selection of herbal extracts (Grape Seed, Turmeric, Boswellia, and Olive Leaf) found in studies to be beneficial for cardiovascular support. To all of the above we have added the heart-healthy minerals magnesium and chromium plus lecithin, known for its blood vessel lubricating and fat-

mobilizing properties, and the powerful antioxidant vitamins C and E.

Now take all this greatness and mix it into your next glass of Forever Aloe Vera Gel™ for the added benefits found in the miraculous aloe leaf. Just pour, stir, and drink – your heart will thank you!

Other ingredients: Fructose, microcrystalline cellulose, and silicon dioxide.

Contains: Soy

CONTENTS
30 - 3.5 g Packets

Suggested Use:
Thoroughly mix contents of one packet per day with 4 fl. oz. (118ml) of Forever Aloe Vera Gel™ (or other beverage) then drink.

S u p p l e m e n t F a c t s		
Serving Size 1 Packet (3.5 g)		
Serving Per Container 30		
	Amount Per Serving	% Daily Value
Calories	10	
Total Carbohydrate	3 g	1%*
Sugars	3 g	†
Vitamin C (as ascorbic acid)	30 mg	50%
Vitamin E (as mixed tocopherols)	15 IU	50%
Vitamin B6 (as pyridoxine hydrochloride)	2 mg	100%
Folate (as folic acid)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	25 mcg	417%
Magnesium (as magnesium citrate)	5 mg	1%
Chromium (as chromium chloride)	50 mcg	42%
Coenzyme Q10	80 mg	†
Grape Seed Extract	20 mg	†
Turmeric Extract (<i>Curcuma longa</i>), powdered (root)	20 mg	†
Boswellia Extract (<i>Boswellia serrata</i>) (resin)	20 mg	†
Olive Leaf Extract	24 mg	†
Soy Lecithin	100 mg	†

*Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.



- Designed to mix with Forever Aloe Vera Gel™
- Provides CoQ10, necessary for basic cell functions
- Contains heart-healthy herbal extracts, minerals, lecithin, and antioxidant vitamins



PRODUCT #312



These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.